BEHAVIOURAL SUPPORT ROUNDS
Thursday, April 17th, 2025 | 2–3 PM EDT

PRESENTATION TITLE:
Digital markers of Rest-Activity Rhythms of people living in LTC and how we can use them to improve Sleep.

PRESENTERS:
Dr. Andrea Iaboni MD DPhil FRCPC is a geriatric psychiatrist and a clinician-scientist with an interest in the development of digital markers for behavioural health in people with dementia. She is an Associate Professor in the Department of Psychiatry at the University of Toronto, and the Medical Director of the Specialized Dementia Unit/VBM at Toronto Rehab, University Health Network.

LEARNING OBJECTIVES:
By the end of the presentation, participants will be able to:
- To describe the development of digital markers to identify patterns and changes in rest- activity rhythms in people with dementia
- To assess reversible factors associated with disruptions in rest-activity rhythms in people with dementia
- To identify ways to use objective rest-activity data in developing a sleep care plan

HOW TO PARTICIPATE:
- Register in advance here. After registering, you will receive information about joining the webinar
- If you have any questions about these rounds or wish to be included on the distribution list, please contact Bianca Figueira at BFigueira@baycrest.org
- If you have Zoom Webinar questions, please contact Agnes Cheng Tsallis at achengtsallis@baycrest.org

HOW TO OBTAIN A CERTIFICATE OF ATTENDANCE:
After having attended, complete the evaluation survey and enter an email address to request your certificate.

These sessions are open to all healthcare professionals and students to provide a learning forum to review leading practices in assessing and managing personal expressions, as demonstrated by individuals who live with dementia.

These Rounds are co-sponsored by the Behavioural Support for Seniors Program, and the Ontario Centres for Learning, Research and Innovation in Long-Term Care at Baycrest